

Having children is one of the greatest gifts there is, but there is no denying that some moms want their bodies back.




According to a new survey from RealSelf of women who have undergone a combination of “Mommy Makeover” plastic surgery procedures — including breast augmentation and tummy tuck — post-baby:


98% 
say they feel happier overall after surgery

85% 
of women surveyed HAVE 2 OR MORE biological children

Real women talk about their results

“ I look forward to starting my day now. I’m no longer afraid of what other people will think of me. I feel more confident encouraging my children to press towards their goals now that this goal of mine has been reached.

“ My surgery gave me back me! 

“ I feel so much better about myself. I know the self-assuredness makes me a better mom to my children and a better wife to my husband. 

There were over **330,000** breast augmentations

and over **150,000** tummy tuck surgeries

performed in the US in 2013*

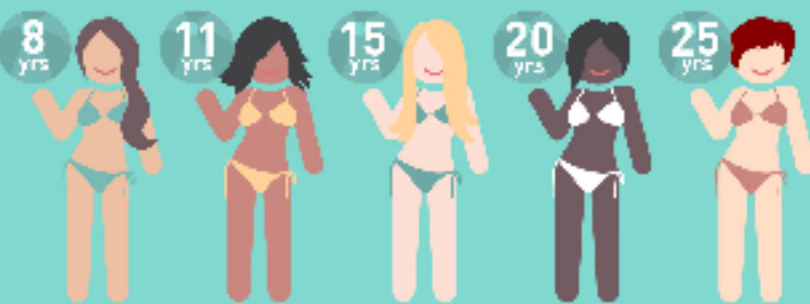
*The American Society for Aesthetic Plastic Surgery

Real women talk about their decision

“ I had no more excuses: I was out of the Army, my baby turned four, and I was about to get married. I wanted to get back to enjoying my body and my confidence naked.

“ After four kids and a weight loss of over 70 pounds, surgery was the only way to get rid of the hanging skin. 


How many years had it been since you had worn a bikini?



The average cost of a MOMMY MAKEOVER: **\$12,375**

Motherhood is a journey, filled with peaks and valleys, rewards and sacrifices. These mothers rewarded themselves for the sacrifices they made by re-claiming their pre-baby bodies.